

ONTARIO SENIOR LIFEGUARD CHAMPIONSHIP – POOL
Registration Package

*The Lifesaving Society invites you to the annual Ontario Senior Lifeguard Championship,
hosted by the City of Oshawa.*

DATE August 1 – 2, 2009

LOCATION City of Oshawa
See www.lifesavingsociety.com , schedules and maps for details

COMPETITION The competition is approved and events sanctioned by the Lifesaving Society. The ILS Competition Manual – June 2007 Edition & any 2009 Communiqués will be followed. See www.lifesavingsociety.com for details.

ELIGIBILITY Registered athletes only. See www.lifesavingsociety.com for forms and procedures. If you are not registered, you will not be permitted to compete. You must be at least 16 years of age by August 1st, 2009 holding current National Lifeguard Service certification to compete in the Simulated Emergency Response Events.

EVENTS	First Aid	Obstacle Relay
	Water Rescue	Medley Relay
	Priority Assessment	Manikin Relay
		Line Throw Relay

AWARDS Awards will be issued in accordance with the posted communiqué for this Championship

ENTRY DEADLINE Complete entries must be received by **July 24, 2009**. No late entries will be accepted. Refunds will not be issued after July 24, 2009 nor will they be issued for teams who fail to show.

ENTRY FEES	All inclusive	Includes 4 competitor registration fees and banquet tickets plus unlimited event entries	\$450
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ACCOMODATION Holiday Inn Oshawa Whitby, 1011 Bloor Street East, Oshawa 905-576-5101 or 1-800-HOLIDAY. \$124 per room per night (Maximum 4 people per room). Group Name – Ontario Lifeguard Championships. Group Code – OLG. **Booking deadline July 1st.**

REGISTRATION Send registration form with payment in full – cheque (payable to the Lifesaving Society), Money Order, VISA, American Express or MasterCard – to:

Lifesaving Society	Phone: 416 490 8844
2009 Championship Registration	Fax: 416 490 8766
400 Consumers Road	Email: jeremeyl@lifeguarding.com
Toronto, Ontario M2J 1P8	

No registrations will be accepted after July 24, 2009

ONTARIO SENIOR LIFEGUARD CHAMPIONSHIP –SCHEDULE

Friday July 31st

6:00 – 9:00 pm	Check-in – Competitors and Officials	Centennial
7:00 – 9:00 pm	Key Officials Meeting	Centennial

Saturday August 1st

7:00 am	Officials Meeting	Centennial
7:00 am	Coaches Meeting	Centennial
7:30 am	Lock-Up for Priority Assessment (Prelims)	Centennial
8:00 – 10:00 am	Priority Assessment (Prelims)	Centennial
10:30 am	Lock-Up for Priority Assessment (Finals)	Centennial
11:00 – 12:30 pm	Priority Assessment (Finals)	Centennial
12:30 pm – 1:30 pm	Travel to Water Rescue Locations	
1:30 pm	Lock-Up for Water Rescue (Prelims)	Centennial, Donevan, Legends, South Oshawa
2:00 – 4:00 pm	Water Rescue (Prelims)	Centennial, Donevan, Legends, South Oshawa
4:00 – 5:00 pm	Travel to Donevan for Warm Up for Relays (Prelims)	
5:00 – 7:30 pm	4 x 25m Manikin Relay (Finals)	Donevan
	4 x 50m Medley Relay (Finals)	
	4 x 50m Obstacle Relay (Finals)	
	Line Throw Relay (Finals)	

Sunday August 2nd

7:00 am	Officials Meeting	South Oshawa
7:00 am	Coaches Meeting	South Oshawa
7:30 am	Lock-Up for First Aid (Prelims)	South Oshawa
8:00 – 9:30 am	First Aid (Prelims)	South Oshawa
10:00 am	Lock-Up for First Aid (Finals)	South Oshawa
10:30 – 12:30 pm	First Aid (Finals)	South Oshawa
1:00 pm	Lock-up for Water Rescue (Finals)	South Oshawa
1:30 – 4:00 pm	Water Rescue (Finals)	South Oshawa
7:00 pm	Awards Banquet	Oshawa Whitby Holiday Inn

ONTARIO SENIOR LIFEGUARD CHAMPIONSHIP Team Registration

Please use one form for each team (Type or BLOCK letters only).

Club or Affiliate												
Mailing address									Apt or Suite			
City				Province					Postal Code			
Coach Name									() Home Phone			
Email									() Business Phone			
Note: Teams are composed of a minimum of 1 competitor and a maximum of 4 competitors (note that relays require 2 male and 2 female competitors). Each completed registration must include the following forms: Registration with payment, Waiver & Release, Event Entries, and either your Registered Athlete number or application completed!												
Option 1 – All Inclusive Includes up to 4 Competitor registrations, unlimited event entries and banquet tickets for competitors listed.												
Received by July 24, 2009									@ \$450.00 team =			
Additional Dinner/Banquet Tickets									@ \$50.00/person =			
2009 Ontario Lifesaving Sport Championships Shirt Short Sleeve – Unisex – Black (please indicate size below)									@ \$25.00 =			
YM		YL		S		M		L		XL		XXL
TOTAL AMOUNT OWING												

Payment												
<input type="checkbox"/> Cheque		<input type="checkbox"/> Money Order		<input type="checkbox"/> Visa		<input type="checkbox"/> Master Card		<input type="checkbox"/> P.O. #				
Credit Card # _____						Expiry Date _____						
_____						_____						
Card holder name						Card holder signature						

*Mail, fax or email:
 Lifesaving Society
 2009 Championship Registration
 400 Consumers Road
 Toronto, Ontario M2J 1P8
 Fax 416 490 8766
 Email jeremeyl@lifeguarding.com*

ONTARIO SENIOR LIFEGUARD CHAMPIONSHIP

Team Event Entry

Please use one form for each team.

Team Name _____

Coach: _____

Teams are composed of a minimum of 1 competitor and a maximum 4 competitors (note that relays require 2 male and 2 female competitors). Event entries must indicate personal best times for seeding purposes. Teams for whom no times are submitted will be considered to have the slowest times. Competitors are allowed to enter each event only once. ***PLEASE PRINT CLEARLY.***

<i>Competitor Name & Gender</i>		<i>Registered Athlete Number</i>	<i>Date of Birth (yy/mm/dd)</i>	First Aid	Water Rescue	Priority Assessment	4 x 50 Obstacle Relay	4 x 50m Medley Relay	4 x 25m Manikin Relay	Line Throw Relay	Total Individual events
				<i>Event 1</i>	<i>Event 2</i>	<i>Event 3</i>	<i>Event 4</i>	<i>Event 5</i>	<i>Event 6</i>	<i>Event 7</i>	
<i>Jane Smith</i>	M F			✓	✓	✓	<i>NT</i>	<i>2:03.37</i>	<i>2:10.39</i>	<i>39.24</i>	<i>7</i>
	M F										
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