



LIFESAVING SOCIETY®  
SOCIÉTÉ DE SAUVETAGE

*The Lifeguarding Experts*  
*Les experts en surveillance aquatique*

**CALL FOR APPLICATIONS FOR HIGH PERFORMANCE TECHNICAL LEADERS  
COMMITTEE –  
PROGRAM HEAD COACH  
SPECIALIST COACH – SWIMMING  
SPECIALIST COACH – RUNNING  
SPECIALIST COACH – CRAFT  
HIGH PERFORMANCE DATA ANALYST**

The Lifesaving Society Sport Commission invites applications to roles on the new High Performance Technical Leaders Committee as Head Coach, Specialist Coach or Data Analyst for a 2-year cycle, to be reviewed annually.

If you wish to be considered, please submit a letter of interest highlighting the position(s) you are applying for along with a full resume to Patricia Kitchen, Sport Commissioner by 28 February 2012. An interview process may take place and would be accommodated via conference call.

All enquiries should be addressed to:  
*Patricia Kitchen, Sport Commissioner*  
*Lifesaving Society*  
*c/o Department of Athletics and Recreation*  
*Wilfrid Laurier University, 75 University Ave. W.*  
*Waterloo, Ontario N2L 3C5*  
*Fax: (519) 884-0203*  
*Email: [pkitchen@wlu.ca](mailto:pkitchen@wlu.ca)*

## **Job Description: High Performance Program – Head Coach**

### Reports to:

High Performance Manager, Sports Commission

### Basic Function:

Oversee the development of High Performance athletes in Canada with the assistance of the Technical Leaders committee.

### Principal Responsibilities:

- Oversee the activities of the Technical Leaders Committee
- Oversee the development and progress of National and Development Team Members around the country
- Oversee the planning and organization of training camps between major events
- Recommend competitions and criteria for the selection of athletes at these selected events for consideration by the Selection Committee.
- Liaise between the athletes, their coaches, Athletes' Representative, High Performance Manager, the Technical Leaders committee, the Sport Commissioner and the Selection Committee.
- To be available as a knowledgeable resource to the athlete, parents, and coach, and other staff as assigned

### Specific Duties:

- Oversee, in consultation with specialist technical leaders, the development of yearly training plans for athletes and/or teams.
  - The plans include strategic and tactical considerations, sport science, Integrated Support Team, performance objectives, fitness testing and objectives.
  - Plans are based on principles that are in line with the appropriate LTAD stage for the athlete.
- Oversee the monitoring of the progress of the athletes, their adherence to the training plan, achievement of benchmarks and objectives, and suggest changes to their training programs, competitions, etc. as appropriate.
- Oversee the identification of which competitions athletes will attend and set performance objectives for competitions and for the overall program. Selection criteria should be proposed by the Head Coach as a representative of all technical leaders.
- Oversee the annual evaluation and review on an individual and program basis of all athletes
- Oversee the organization of periodic training camps and attend where appropriate.
- Record notes and decisions from meetings with the Technical Leaders Committee for distribution to the High Performance Manager.
- Ensure the health & safety of athletes.
- Other duties as assigned

### Relationships

1. Participate in all technical leaders conference calls
2. Open dialogue with the National Sport Commission as well as Provincial Sport Organizations where appropriate
3. Open dialogue with national and development team athletes

### Qualifications

#### Mandatory:

- Coaching Experience with a lifesaving sport club and/or lifesaving affiliation.
- National and/or International Experience as an athlete, coach or manager
- Knowledgeable in the rules of all components of lifesaving sport
- Available to commit periodically over a 2-year cycle.
- Available to travel to some of the significant national events

#### Preferable:

- Current Lifesaving Society National Lifeguard or First Aid Certification
- Lifesaving Sport (or other NCCP) coaching certification
- Experience and/or exposure to all aspects of lifesaving sports

## **Job Description: High Performance Program – Swimming**

### Reports to:

High Performance Manager, Sports Commission

### Basic Function:

Oversee the development of High Performance athletes in Canada that have a specific skillset in swimming events.

### Principal Responsibilities:

- Provide specialist advice on the swimming component to the Technical Leaders Committee
- Oversee the development and progress of National and Development Team Members around the country specific to swimming
- Assist in the planning and organization of swimming training camps between major events
- Recommend competitions and criteria for the selection of athletes at these selected events for consideration by the Head Coach.
- Liaise between the athletes, their coaches, athletes' representatives, High Performance Manager, the Technical Leaders committee, the Sport Commissioner and the Selection Committee.
- To be available as a knowledgeable resource to the athlete, parents, and coach, and other staff as assigned

### Specific Duties:

- Lead the development of yearly training plans for athletes in swimming events.
  - The plans include strategic and tactical considerations, sport science, Integrated Support Team, performance objectives, fitness testing and objectives.
  - Plans are based on principles that are in line with the appropriate LTAD stage for the athlete.
- Monitor the progress of the athletes, their adherence to the training plan, achievement of benchmarks and objectives, and suggest changes to their training programs, competitions, etc. as appropriate.
- Assist in the identification of which competitions athletes will attend and sets performance objectives for competitions and for the overall program. Propose Selection criteria for these events to the Head Coach.
- Undertake the annual evaluation and review on an individual and program basis of all athletes in swimming events.
- Lead the organization of periodic swimming training camps and attend were appropriate.
- Ensure the health & safety of athletes.
- Other duties as assigned

### Relationships

1. Participate in all technical leaders conference calls
2. Open dialogue with the National Sport Commission as well as Provincial Sport Commissions where appropriate
3. Open dialogue with national and development team athletes

### Qualifications

#### Mandatory:

- Coaching Experience with a lifesaving sport club and/or swimming club.
- National and/or International Experience as an athlete, coach or manager
- Swimming and/or Lifesaving Sport swimming experience as an athlete or coach
- Available to commit periodically over a 2-year cycle.
- Available to travel to some of the significant national events

#### Preferable:

- Current Lifesaving Society National Lifeguard or First Aid Certification
- Lifesaving Sport or swim coaching certification
- Experience and/or exposure to all aspects of lifesaving sports

## **Job Description: High Performance Program – Craft**

### Reports to:

High Performance Manager, Sports Commission

### Basic Function:

Oversee the development of High Performance athlete in Canada that have a specific skillset in craft events.

### Principal Responsibilities:

- Provide specialist advice on the craft component to the Technical Leaders Committee
- Oversee the development and progress of National and Development Team Members around the country specific to craft events
- Assist in the planning and organization of training camps between major events
- Recommend competitions and criteria for the selection of athletes at these selected events for consideration by the Head Coach.
- Liaise between the athletes, their coaches, athletes' representatives, High Performance Manager, the Technical Leaders committee, the Sport Commissioner and the Selection Committee.
- To be available as a knowledgeable resource to the athlete, parents, and coach, and other staff as assigned

### Specific Duties:

- Lead the development of yearly training plans for athletes with a craft skillset.
  - The plans include strategic and tactical considerations, sport science, Integrated Support Team, performance objectives, fitness testing and objectives.
  - Plans are based on principles that are in line with the appropriate LTAD stage for the athlete.
- Monitor the progress of the athletes, their adherence to the training plan, achievement of benchmarks and objectives, and suggest changes to their training programs, competitions, etc. as appropriate.
- Assist in the identification of which competitions athletes will attend and sets performance objectives for competitions and for the overall program. Propose Selection criteria for these events to the Head Coach.
- Undertake the annual evaluation and review on an individual and program basis of all athletes in craft events.
- Lead the organization of periodic craft training camps and attend where appropriate.
- Ensure the health & safety of athletes.
- Other duties as assigned

### Relationships

1. Participate in all technical leaders conference calls
2. Open dialogue with the National Sport Commission as well as Provincial Sport Commissions where appropriate
3. Open dialogue with national and development team athletes

### Qualifications

#### Mandatory:

- Coaching Experience with a lifesaving sport club and/or craft-related sport club.
- National and/or International Experience as an athlete, coach or manager
- Kayaking and/or Lifesaving Sport craft experience as an athlete or coach
- Available to commit periodically over a 2-year cycle.
- Available to travel to some of the significant national events

#### Preferable:

- Current Lifesaving Society National Lifeguard or First Aid Certification
- Lifesaving Sport (or other NCCP) coaching certification
- Experience and/or exposure to all aspects of lifesaving sports

## **Job Description: High Performance Program – Running**

### Reports to:

High Performance Manager, Sports Commission

### Basic Function:

Oversee the development of High Performance athletes in Canada that have a specific skillset in running events.

### Principal Responsibilities:

- Provide specialist advice on the running component to the Technical Leaders Committee
- Oversee the development and progress of National and Development Team Members around the country specific to running
- Assist in the planning and organization of running training camps between major events
- Recommend competitions and criteria for the selection of athletes at these selected events for consideration by the Head Coach.
- Liaise between the athletes, their coaches, athletes' representatives, High Performance Manager, the Technical Leaders committee, the Sport Commissioner and the Selection Committee.
- To be available as a knowledgeable resource to the athlete, parents, and coach, and other staff as assigned

### Specific Duties:

- Lead the development of yearly training plans for athletes in running events.
  - The plans include strategic and tactical considerations, sport science, Integrated Support Team, performance objectives, fitness testing and objectives.
  - Plans are based on principles that are in line with the appropriate LTAD stage for the athlete.
- Monitor the progress of the athletes, their adherence to the training plan, achievement of benchmarks and objectives, and suggest changes to their training programs, competitions, etc. as appropriate.
- Assist in the identification of which competitions athletes will attend and sets performance objectives for competitions and for the overall program. Propose Selection criteria for these events to the Head Coach.
- Undertake the annual evaluation and review on an individual and program basis of all athletes in running events.
- Lead the organization of periodic running training camps and attend were appropriate.
- Ensure the health & safety of athletes.
- Other duties as assigned

### Relationships

1. Participate in all technical leaders conference calls
2. Open dialogue with the National Sport Commission as well as Provincial Sport Commissions where appropriate
3. Open dialogue with national and development team athletes

### Qualifications

#### Mandatory:

- Coaching Experience with a lifesaving sport club and/or athletics sport club.
- National and/or International Experience as an athlete, coach or manager
- Athletics and/or Lifesaving Sport running experience as an athlete or coach
- Available to commit periodically over a 2-year cycle.
- Available to travel to some of the significant national events

#### Preferable:

- Current Lifesaving Society National Lifeguard or First Aid Certification
- Lifesaving Sport or athletics coaching certification
- Experience and/or exposure to all aspects of lifesaving sports

## **Job Description: High Performance Program – Data Analyst**

### Reports to:

High Performance Manager, Sports Commission

### Basic Function:

Support the development of High Performance athletes in Canada by providing the Technical Leaders Committee with appropriate training and performance data from National and Development Team Members.

### Principal Responsibilities:

- Provide specialist advice through the collection and analysis of performance related data from Canadian High Performance athletes.
- Support the development and progress of National and Development Team Members around the country
- Benchmark performance data from Canadian athletes against major international events.
- Liaise between the High Performance Manager, the Technical Leaders committee, the Sport Commissioner and the Selection Committee.
- To be available as a knowledgeable resource as assigned

### Specific Duties:

- Support the development of yearly training plans through the collection and sharing of performance data
- Monitor the progress of the athletes, achievement of benchmarks and objectives, and suggest changes as appropriate.
- Assist in the identification of which competitions athletes will attend and sets performance objectives for competitions and for the overall program. Propose Selection criteria for these events to the Head Coach.
- Support the annual evaluation and review on an individual and program basis of all athletes through the analysis of performance data.
- Other duties as assigned

### Relationships

1. Participate in all technical leaders conference calls
2. Open dialogue with the National Sport Commission as well as Provincial Sport Commissions where appropriate
3. Open dialogue with national and development team athletes

### Qualifications

#### Mandatory:

- Available to commit periodically over a 2-year cycle.
- Skills with Excel and/or Access as well as data presentation skills

#### Preferable:

- Current National Lifeguard Certification
- Management Experience with a lifesaving sport club and/or lifesaving affiliation.
- National and/or International Experience as an athlete, coach or manager
- Experience and/or exposure to all aspects of lifesaving sports