



LIFESAVING SOCIETY®  
 SOCIÉTÉ DE SAUVETAGE

*The Lifeguarding Experts*  
*Les experts en surveillance aquatique*

## CANADIAN SURF LIFESAVING CHAMPIONSHIPS 2009

### **Registration Package**

- DATE** August 28-30, 2009
- LOCATION** Martinique Beach and Rainbow Haven Beach, Halifax County, Nova Scotia
- ELIGIBILITY** Open competitors must be at least 16 years of age by August 28, 2009 and hold a Bronze Medallion or higher Lifesaving Society certification.
- 16-19 aged competitors must be at least 16 years of age by August 28, 2009 and no older than 19 years of age on August 28, 2009 and hold a Bronze Medallion or higher Lifesaving Society certification.
- Masters competitors must be a minimum of 30 years of age as of the first day of the Canadian Surf Lifesaving Championships. Masters Age Groups will be those as listed in the 2007 ILS Competition Manual, Section 10.
- COMPETITION** The competition is sanctioned by the Lifesaving Society. International Life Saving Federation Manual rules (2007 edition) and the 2009 Communiqué will be followed.
- AWARDS** Awards will be issued in accordance with the *International Life Saving Federation Manual* and 2009 Communiqué.
- ENTRY DEADLINE** **Registration and complete entries must be received by August 21, 2009. No late entries will be accepted.** Registration and entries are considered complete when all of the following have been received at 400 Consumers Road.
- Club registration form completed in full
  - Payment in full
  - Waiver and Release form – completed and signed by all competitors, coach and manager
  - Each competitor’s Registered Athlete number with a copy of **current** Lifesaving Society Award **or** a copy of each competitor’s **current** Lifesaving Society award, proof of age and proof of Canadian citizenship.

**ENTRY FEES**

Option 1 <i>All inclusive</i>	\$100.00 per person (includes competitor registration into all events, banquet ticket, and competition shirt)
Option 2	\$80.00 per person (includes competitor registration fees into all events, banquet ticket)
Option 3	\$40.00 per person (includes competitor registration into all events)

**REGISTRATION** Send registration form with payment in full – cheque (payable to the Lifesaving Society), Money Order, VISA, MasterCard, or AMEX – to:

Lifesaving Society  
 Attention: Wendy Mahony  
 400 Consumers Road,  
 Toronto, On M2J 1P8

Phone: 416-490-8844 Fax: 416-490-8766  
 Email: CLCRegistration@lifeguarding.com

# CANADIAN SURF LIFESAVING CHAMPIONSHIPS 2009 CHAMPIONNAT CANADIEN DE SAUVETAGE EN PLAGES 2009

## *Program of Events / Horaire des Épreuves*

Race Events	Maximum entries per club / Nombre total de personnes par équipe	Épreuves de courses
Beach Flags – Men	No maximum	Drapeaux sur la plage – Homme
Beach Flags – Women	No maximum	Drapeaux sur la plage – Femme
Beach Sprint – Men	No maximum	Sprint sur la plage – Homme
Beach Sprint – Women	No maximum	Sprint sur la plage – Femme
Beach Run (2km) – Men	No maximum	Course sur la plage (2 Km) – Homme
Beach Run (2km) – Women	No maximum	Course sur la plage (2 Km) – Femme
Board Race – Men	No maximum	Course avec aquaplane – Homme
Board Race – Women	No maximum	Course avec aquaplane – Femme
Surf Ski Race – Men	No maximum	Course avec surf ski – Homme
Surf Ski Race – Women	No maximum	Course avec surf ski – Femme
Surf Race – Men	No maximum	Course dans les brisants – Homme
Surf Race – Women	No maximum	Course dans les brisants – Femme
International Oceanman	No maximum	Sauveteur océanique – Homme
International Oceanwoman	No maximum	Sauveteur océanique - Femme

Team Events	Maximum Entries per Club / Épreuves par équipes	Épreuves des équipes
Rescue Tube Rescue – Men	No maximum	Sauvetage avec bouée tube – Homme
Rescue Tube Rescue – Women	No maximum	Sauvetage avec bouée tube – Femme
International Oceanman Relay	No maximum	Relais sauveteur océanique - Homme
International Oceanwoman Relay	No maximum	Relais sauveteur océanique - Femme
Board Rescue – Men	No maximum	Sauvetage avec aquaplane – Homme
Board Rescue – Women	No maximum	Sauvetage avec aquaplane – Femme
Beach Relay – Men	No maximum	Relais sur la plage – Homme
Beach Relay – Women	No maximum	Relais sur la plage – Femme

# CANADIAN SURF LIFESAVING CHAMPIONSHIPS 2009 CHAMPIONNAT CANADIEN DE SAUVETAGE EN PLAGES 2009

## Schedule of Events

*Friday, August 28, 2009 – 16-19, Open and Masters Divisions*

*Le vendredi 28 août 2009 dans les catégories 16 à 19 ans, libres et des maîtres*

Time	Activity			Location
8:00 am	Captains / Coaches Briefing	Réunion des entraîneurs/capitaines	8h 00	Martinique Beach, NS
8:30 am	Officials Briefing	Réunion des juges	8h 30	
9:30 am	Board Rescue (preliminaries) Surf Race (final) Board Race (preliminaries) Surf Ski Race (preliminaries)	Sauvetage avec aquaplane (éliminatoires) Épreuve de nage (finales) Épreuve d'aquaplane (éliminatoires) Épreuve de surf ski (éliminatoires)	9h 30	
12:30 pm	Lunch	Dîner	12h 30	
1:30 pm	Opening Ceremonies	Cérémonie d'ouverture	13h 30	
2:00 pm	Board Rescue (final) Board Race (final) Surf Ski Race (final)	Sauvetage avec aquaplane (finales) Épreuve d'aquaplane (finales) Épreuve de surf ski (finales)	14h 00	

*Saturday, August 29, 2009 – 16-19, Open and Masters Divisions*

*Le samedi 29 août 2009 dans les catégories 16 à 19 ans, libres et des maîtres*

Time	Activity			Location
8:00 am	Captains / Coaches Briefing	Réunion des entraîneurs/capitaines	8h 00	Martinique Beach, NS
8:30 am	Officials Briefing	Réunion des juges	8h 30	
9:00 am	Rescue Tube Rescue (preliminaries) 2 km Beach Run (final) International Oceanman/Oceanwoman (preliminaries)	Sauvetage avec bouée tube (preliminaries) Épreuve de course – 2 km (finales) "Sauveteur océanique" / "Sauveteure océanique" (éliminatoires)	9h 00	
12:30 pm	Lunch	Dîner	12h 30	
1:30 pm	International Oceanman/Oceanwoman Relay (final) Rescue Tube Rescue (final) International Oceanman/Oceanwoman (final)	Relais "Oceanman" / "Oceanwoman" international (finales) Sauvetage avec bouée tube (finales) "Sauveteur océanique" / "Sauveteure océanique" (finales)	13h 30	

*Sunday, August 30, 2009 – 16-19, Open and Masters Divisions*

*Le dimanche 30 août 2009 dans les catégories 16 à 19 ans, libres et des maîtres*

Time	Activity			Location
8:00 am	Captains / Coaches Briefing	Réunion des entraîneurs/capitaines	8h 00	Rainbow Haven Beach, NS
8:30 am	Officials Briefing	Réunion des juges	8h 30	
9:00 am	Beach Sprint (preliminaries) Beach Flags (preliminaries) Beach Relay (preliminaries)	Sprint (éliminatoires) Course aux drapeaux (éliminatoires) Relais de course (éliminatoires)	9h 00	
12:00 pm	Lunch	Dîner	12h 00	
1:00 pm	Beach Sprint (final) Beach Flags (final) Beach Relay (final)	Sprint (finales) Course aux drapeaux (finales) Relais de course (finales)	13h 00	
7:00 pm	Awards Banquet (Dinner at 7:30pm)	Banquet de remise des trophées (Souper à 19 h 30)	19h 00	Micmac Canoe Club

# CANADIAN SURF LIFESAVING CHAMPIONSHIPS 2009 CHAMPIONNAT CANADIEN DE SAUVETAGE EN PLAGES 2009

## *Club Registration/Inscription du club*

Club contact information/Coordonnées pour rejoindre le club													
Club or Affiliate/Nom du Club ou Affilié:													
Coach/Entraîneur or/ou Manager/Gérant						Mailing Address/Adresse postale:							
Phone/Téléphone:				Fax/Télécopieur:									
Email/Courriel:						City/Ville			Province		Postal Code/Code postal		
Athlete registrations will be confirmed by e-mail/Votre inscription vous sera confirmée par courriel. Please print clearly Écrivez lisiblement s.v.p.													
Registration Fees/Frais d'inscription													
How many? Combien?	Description								Price each/ Coût par équipe	Line total/ Total de cette ligne			
	All inclusive (includes competitor registration fees into all events; banquet ticket; competition shirt). Complete shirt sizes below. Tout compris (inclus l'accès aux épreuves; billet pour le banquet; T-shirt du Championnat)								\$100.00				
	Competitor registration (includes competitor registration into all events; banquet ticket) Inscription d'athlète (inclus l'accès aux épreuves; billet pour le banquet)								\$80.00				
	Competitor Registration fees into all events Inscription des athlètes pour un accès à toutes les épreuves								\$40.00				
	Extra Banquet Tickets Billets supplémentaires pour le banquet								\$40.00				
	2009 Canadian Surf Lifesaving shirt (please indicate sizes below) Chandail du Championnat canadien de sauvetage (indiquez la pointure s.v.p.)								\$20.00				
		S / P		M		L / G		XL / XG		XXL / XXG			
Total													
Payment/Paiement													
Payment method/ Mode de paiement		<input type="checkbox"/> Cheque/Chèque <input type="checkbox"/> Money Order/Mandat <input type="checkbox"/> VISA <input type="checkbox"/> MasterCard <input type="checkbox"/> AMX											
Credit card number/ Numéro de la carte de crédit										Expiry date/date d'expiration			
Credit card holder/Nom du titulaire de la carte de crédit													
Signature of credit card holder/ Signature du titulaire de la carte													
Phone/Email (if different than above)/Téléphone/courriel (s'il est différent de celui ci-dessus)													

This form is also available as a *Fillable PDF* form/Vous pouvez aussi remplir ce formulaire en format PDF

# CANADIAN SURF LIFESAVING CHAMPIONSHIPS 2009 CHAMPIONNAT CANADIEN DE SAUVETAGE EN PLAGÉ 2009

## Competitor Registration

Use a separate sheet to register athletes for each division. Athletes on this page are registering in the following division (select ONE only):

16-19   
  Open   
  Masters

*\*All competitors must be registered prior to start of the competition. Competitors are considered registered when all documentation has been received and fees have been paid. Competitors who are not registered may not compete. A Registered Athlete number is the preferred proof of eligibility. Competitors with a Registered Athlete number need only provide proof of a current Lifesaving Society award (Bronze Medallion or higher). Event entries will be done on site.*

Eligible documents	Canadian citizenship	Birth date	Lifesaving award
Birth certificate	yes	yes	no
Passport	yes	yes	no
Health Card	yes	yes if shown on card	no
Drivers Licence	no	yes	no
Lifesaving Society certification card	no	no	yes

<i>Club</i>							
Last name First name	Sex	Birthdate			Email	Proof of eligibility*	
		YY	MM	DD		Reg Athlete No.	<input type="checkbox"/> OR <input type="checkbox"/> attached
Captain – Last name, Captain – First name							

# CANADIAN SURF LIFESAVING CHAMPIONSHIPS 2009 CHAMPIONNAT CANADIEN DE SAUVETAGE EN PLAGES 2009

## **Waiver and Release Form**

*Please read carefully before signing*

Each competitor must sign this form with the entry form to be eligible to compete. Participants 18 years and under must have the form signed by their parent or guardian.

### **1. Conduct**

I agree to abide by the rules, regulations, and code of conduct of the championship, and further to behave in a manner consistent with good sportsmanship.

### **2. Voluntary Assumption of Risk**

As a competitor in a lifeguard competition, I recognize that there are certain risks inherent in the activity as a result of factors including but not limited to, stress, number of people, water temperature and conditions. I have prepared myself for the competition and know of no factor or condition which should be disclosed to the organizers or which would make it unsafe for me to compete. I voluntarily assume all risks, both physical and legal including but not restricted to loss or damage to property, and personal injury including permanent disability or death.

### **3. Waiver of Liability**

As a condition of entry and in consideration of my application as an individual or as part of a club being accepted, I hereby waive my right to make any claim, whether for negligence or otherwise against the Lifesaving Society, the host, the owner or occupier, the sponsors, the organizing committee or any of the servants, agents, affiliates, volunteers, judges, officials, or other persons involved in the organization of and the running of the competition, events or sanctioned associated activities. I further agree to indemnify and hold harmless all of the above, from any claim made on my behalf or as a result of injury to my person or property.

### **4. Model Release**

I transfer to the Lifesaving Society all rights whatsoever which I have in photographs and/or videos that photographers may have taken. I consent to the use of the photographs/videos for all purposes whatsoever, including without limitation, television, publications, and any trade or advertising purposes.

*I have carefully read and understand the four conditions of entry and in consideration for being allowed to compete, I have executed them voluntarily intending to be bound thereby and intending these conditions to be binding of my heirs, personal representative and assigns.*

Print Name

Signature

Date

Coach

Manager

Captain

This form is also available as a *Fillable PDF* form/Vous pouvez aussi remplir ce formulaire en format PDF

**Use additional forms if necessary/Utilisez un autre formulaire au besoin.**