



LIFESAVING SOCIETY

The Lifeguarding Experts

Communiqué – April 2009

Masters Communiqué

CANADIAN POOL LIFESAVING CHAMPIONSHIPS

Sanctioned by the Lifesaving Society
May 30–31, 2009, Montreal, Quebec

ELIGIBILITY

Canadian Pool Lifesaving Championships

The Canadian Pool Lifesaving Championships are open to any Individual Member, Affiliated Club or Affiliate Member of the Lifesaving Society in good standing.

To be eligible to compete in the Canadian Pool Lifesaving Championships, Masters Competitors shall:

- Hold a current Lifesaving Society Bronze Medallion or higher certification (defined as Lifesaving Society national core and approved awards for which Bronze Medallion is a prerequisite)
- Be a minimum of 30 years of age as of the first day of the Canadian Pool Lifesaving Championships
- Be a Registered Athlete (Download form at www.lifesavingsociety.com/Competition).

A club may consist of any number of competitors, in addition to any non-competitive management or coaching personnel.

Masters competitors may compete for only one club or Affiliate Member at a time. **Open category competitors must declare their intention to compete in Master categories or in Open competition at registration.**

Competitors will remain in that age category throughout the championships.

Competitors are allowed to enter each event only once.

Age categories

Open: Competitors must be a minimum of 16 years of age as of the first day of the Canadian Pool Lifesaving Championships. Competitors will be seeded as an Open Competitor.

Masters: Competitors must be a minimum of 30 years of age as of the first day of Canadian Pool Lifesaving Championships. Competitors will be seeded in the Open preliminary heats and awards presented based upon Masters age group. No Masters Club Champion will be awarded.

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Age Groups: 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65 years and older

Competitors will remain in their registered category throughout the championships.

PROGRAM OF EVENTS

For the 2009 Canadian Pool Lifesaving Championships, the following pool events shall be conducted for Masters in both male and female categories:

Event/Age Group	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65+
200 m Obstacle Swim	√	√	√	√	√			
100 m Obstacle Swim						√	√	√
50 m Manikin Carry	√	√	√	√	√	√	60+	
100 m Manikin Carry with Fins	√	√	√	√	√	√	60+	
100 m Manikin Tow with Fins	√	√	√	√	√	√	60+	
Line Throw	√	√	√	√	√	√	60+	

Line Throw: The thrower and catcher must both be declared Masters Competitors and over 30 years of age and the same gender. Both Thrower and Catcher must wear identical caps.

REGISTRATION

Championship registration

All Masters Competitors must register prior to the championships in accordance with the procedures and deadlines established by the host organising committee.

No entries shall be accepted after May 21, 2009.

Entry times

Times are required to be submitted for each events. All Competitors shall be seeded according to the entry times. Competitors for whom no times are submitted shall be considered to have the slowest times.

Entry fees

Entry fees must be paid with the registration.

UNIFORMS AND EQUIPMENT

Uniform

Each club shall have a uniform suitable for official ceremonies and award presentations. Managers, coaches, and assistants will be encouraged to take part in the ceremonies and shall wear a uniform that complements that of the club.

Swim caps

Competitors shall wear identical club swim caps in each event. The use of such caps assists in identification of competitors and teams and in event judging.

The chin-tied caps or rubber or silicone caps must be worn on the competitors' heads at the start of each event.

A competitor shall not be disqualified if the cap is lost after the start of an event provided that officials can identify that the competitor correctly completed the event.

Footwear

Competitors shall not wear footwear in competition events unless otherwise specified in the event description.

Manikin handlers may wear footwear in pool events.

SEEDING

Seeding shall be used in the Canadian Pool Lifesaving Championships. In pool events, seeding shall be based on the times submitted for the specific events with registrations. Competitors' best times in the 12 months prior to the entry deadline of the championships shall be submitted on entry forms. Competitors will be ranked according to the entry times. Competitors for whom no times are submitted shall be considered to have the slowest times.

Placement of competitors with identical times shall be determined by draw.

All Masters events will be scored as direct final events.

All Open competitors including Masters, shall be seeded together for each event based on entry times submitted with registration.

SCORING

Finals will not be conducted in the Canadian Pool Lifesaving Championship for declared Masters competitors.

Winners of preliminaries shall be declared Canadian champions in each event. Times will be separated from the Open competitors for each Masters age-group.

AWARDS

Awards will be presented following preliminaries.