

2009 Canadian Pool Lifeguard Championships

Lifesaving Pentathlon Standings

Women 16-19

1.	Theresa Westhaver	Team Alberta	60
2.	Mallary Smith	HRM Guardians	35
3.	Clara Waxer	Team Alberta	33
3.	Sarah Monaco	Lifesaving Club of Markham	33

Women Open

1.	Sarena Palmer	Canadian Forces	46
2.	Marie-Eve Chamberland	Sea Devils	33
3.	Gwen Fraser	Upper Canada Lifesaving	29

Men 16-19

1.	Scott Southwood	Team Alberta	72
2.	Jesse Clarke	HRM Guardians	47
2.	Jason Gwordz	Team Alberta	47
4.	Ahmed Abdel-Hameid	HRM Guardians	40

Men Open

1.	Brent Trevisan	Upper Canada Lifesaving	68
2.	Dan Minster	Vancouver Lifeguard	52
3.	Nelson Giraldo	Sea Devils	50
4.	Jon Howard	Canadian Forces	38
5.	Dev Lahey	Northcliffe Surf Lifesaving	34
6.	Derek Westra-Luney	Vancouver Lifeguard	31
7.	Chris Lindsay	Upper Canada Lifesaving	28
8.	Bill Pierce	Team Alberta	25
9.	Jordan Anderson	Upper Canada Lifesaving	24
10.	Michael Nunes	Lifesaving Club of Markham	20
11.	Colin Folsberg	Canadian Forces	15
12.	Edward Quinlan	Vancouver Lifeguard	14
13.	Adrian Wong	Lifesaving Club of Markham	10
14.	Roberto Aburto	Upper Canada Lifesaving	4
15.	Ramiz Nasser	Lifesaving Club of Markham	0
16.	Adrian Spencer	HRM Guardians	0