

Lifesaving Series 2009-10 - 20/02/2010 to 28/03/2010**Results****Event 44 Women 200 SC Meter Obstacle Swim**

Name	Age	Team	Seed Time	Finals Time	Points
1 Benison, Terri-Lynn	21	Dalplex Tigersharks	NT	2:28.21	20
2 Shaw, Sara	17	Halifax Regional Municipality	NT	2:39.99	17
3 Jaciw-Zurakowsky, Renata	21	Dalplex Tigersharks	NT	2:45.85	16
4 Smith, Mallary	19	Halifax Regional Municipality	NT	3:11.39	15
5 Watts, Rebecca	19	Halifax Regional Municipality	NT	3:49.69	14
6 Betuik, Rachel	16	Halifax Regional Municipality	NT	3:59.76	13

Event 45 Men 200 SC Meter Obstacle Swim

Name	Age	Team	Seed Time	Finals Time	Points
1 Soroka, Roman	18	Halifax Regional Municipality	NT	2:21.72	20
2 Morash, Ben	23	Dartmouth Sportsplex	NT	2:38.25	17
3 Maquire, Mike	25	Dartmouth Sportsplex	NT	2:44.00	16
4 Abdel Hameid, Ahmed	19	Halifax Regional Municipality	NT	2:49.81	15
5 Kemp, Ryan	25	Dartmouth Sportsplex	NT	2:50.79	14
6 Clarke, Jesse	18	Halifax Regional Municipality	NT	3:05.56	13
7 Spencer, Adrian	25	Halifax Regional Municipality	NT	3:15.45	12
8 Mason, Blair	22	Halifax Regional Municipality	NT	3:29.06	11
9 Clarke, Max	17	Halifax Regional Municipality	NT	3:33.07	9
10 Carter, Brian	20	Dartmouth Sportsplex	NT	4:16.75	7

Event 46 Women 200 SC Meter Obstacle Swim Relay

Team	Relay	Seed Time	Finals Time	Points
1 Halifax Regional Municipality	A	NT	2:43.83	40
1) Smith, Mallary 19	2) Perron, Victoria 20	3) Keyes, Lauren 19	4) Shaw, Sara 17	

Event 47 Men 200 SC Meter Obstacle Swim Relay

Team	Relay	Seed Time	Finals Time	Points
1 Halifax Regional Municipality	A	NT	2:28.40	40
1) Abdel Hameid, Ahmed 19	2) Fahie, Ryan 18	3) Fahie, Adam 19	4) Soroka, Roman 18	
2 Dartmouth Sportsplex	A	NT	2:36.98	34
1) Kemp, Ryan 25	2) Carter, Brian 20	3) Maquire, Mike 25	4) Morash, Ben 23	
3 Halifax Regional Municipality	B	NT	2:41.01	32
1) Clarke, Max 17	2) Parsons, Brandon 17	3) Clarke, Jesse 18	4) Spencer, Adrian 25	

Event 48 Women 50 SC Meter Manikin Carry

Name	Age	Team	Seed Time	Finals Time	Points
1 Jaciw-Zurakowsky, Renata	21	Dalplex Tigersharks	NT	47.53	20
2 Shaw, Sara	17	Halifax Regional Municipality	NT	48.13	17
3 Perron, Victoria	20	Halifax Regional Municipality	NT	53.88	16
4 Smith, Mallary	19	Halifax Regional Municipality	NT	55.21	15
5 Watts, Rebecca	19	Halifax Regional Municipality	NT	1:08.03	14
6 Betuik, Rachel	16	Halifax Regional Municipality	NT	1:17.84	13
--- Benison, Terri-Lynn	21	Dalplex Tigersharks	NT	DQ	
--- Keyes, Lauren	19	Halifax Regional Municipality	NT	DQ	

Event 49 Men 50 SC Meter Manikin Carry

Name	Age	Team	Seed Time	Finals Time	Points
1 Goulet, Chris	22	Dalplex Tigersharks	NT	43.77	20
2 Soroka, Roman	18	Halifax Regional Municipality	NT	49.93	17
3 Abdel Hameid, Ahmed	19	Halifax Regional Municipality	NT	50.21	16
4 Spencer, Adrian	25	Halifax Regional Municipality	NT	50.40	15
5 Maquire, Mike	25	Dartmouth Sportsplex	NT	50.47	14
6 Morash, Ben	23	Dartmouth Sportsplex	NT	51.77	13

Lifesaving Series 2009-10 - 20/02/2010 to 28/03/2010**Results****(Event 49 Men 50 SC Meter Manikin Carry)**

Name	Age	Team	Seed Time	Finals Time	Points
7 Sager, Caleb	19	Halifax Regional Municipality	NT	51.92	12
8 Mason, Blair	22	Halifax Regional Municipality	NT	53.50	11
9 Clarke, Max	17	Halifax Regional Municipality	NT	54.51	9
10 Kemp, Ryan	25	Dartmouth Sportsplex	NT	55.13	7
11 McNamara, Danny	18	Halifax Regional Municipality	NT	57.17	6
12 Carter, Brian	20	Dartmouth Sportsplex	NT	1:05.37	5
--- Clarke, Jesse	18	Halifax Regional Municipality	NT	DQ	
--- Gorman, Dan	21	Dalplex Tigersharks	NT	DQ	

Event 50 Women 100 SC Meter Carry With Fins

Name	Age	Team	Seed Time	Finals Time	Points
1 Jaciw-Zurakowsky, Renata	21	Dalplex Tigersharks	NT	1:16.87	20
2 Perron, Victoria	20	Halifax Regional Municipality	NT	1:18.65	17
3 Shaw, Sara	17	Halifax Regional Municipality	NT	1:19.50	16
4 Benison, Terri-Lynn	21	Dalplex Tigersharks	NT	1:25.18	15
5 Smith, Mallary	19	Halifax Regional Municipality	NT	1:32.75	14
6 Betuik, Rachel	16	Halifax Regional Municipality	NT	1:36.98	13
7 Keyes, Lauren	19	Halifax Regional Municipality	NT	1:37.53	12
8 Watts, Rebecca	19	Halifax Regional Municipality	NT	1:40.15	11

Event 51 Men 100 SC Meter Carry With Fins

Name	Age	Team	Seed Time	Finals Time	Points
1 Clarke, Jesse	18	Halifax Regional Municipality	NT	1:14.11	20
2 Soroka, Roman	18	Halifax Regional Municipality	NT	1:16.04	17
3 Kemp, Ryan	25	Dartmouth Sportsplex	NT	1:16.63	16
4 Spencer, Adrian	25	Halifax Regional Municipality	NT	1:17.76	15
5 Gorman, Dan	21	Dalplex Tigersharks	NT	1:19.67	14
6 Abdel Hameid, Ahmed	19	Halifax Regional Municipality	NT	1:20.05	13
7 Mason, Blair	22	Halifax Regional Municipality	NT	1:20.66	12
8 Morash, Ben	23	Dartmouth Sportsplex	NT	1:20.90	11
9 Maquire, Mike	25	Dartmouth Sportsplex	NT	1:23.27	9
10 Goulet, Chris	22	Dalplex Tigersharks	NT	1:23.39	7
11 Sager, Caleb	19	Halifax Regional Municipality	NT	1:25.06	6
12 Clarke, Max	17	Halifax Regional Municipality	NT	1:32.28	5
13 Carter, Brian	20	Dartmouth Sportsplex	NT	1:58.88	4
--- McNamara, Danny	18	Halifax Regional Municipality	NT	DQ	

Event 52 Women 100 SC Meter Tow With Fins

Name	Age	Team	Seed Time	Finals Time	Points
1 Perron, Victoria	20	Halifax Regional Municipality	NT	1:18.63	20
2 Jaciw-Zurakowsky, Renata	21	Dalplex Tigersharks	NT	1:19.61	17
3 Shaw, Sara	17	Halifax Regional Municipality	NT	1:20.85	16
4 Benison, Terri-Lynn	21	Dalplex Tigersharks	NT	1:26.66	15
5 Smith, Mallary	19	Halifax Regional Municipality	NT	1:33.69	14
6 Keyes, Lauren	19	Halifax Regional Municipality	NT	1:40.72	13
7 Watts, Rebecca	19	Halifax Regional Municipality	NT	1:41.39	12

Event 53 Men 100 SC Meter Tow With Fins

Name	Age	Team	Seed Time	Finals Time	Points
1 Maquire, Mike	25	Dartmouth Sportsplex	NT	1:12.11	20
2 Clarke, Jesse	18	Halifax Regional Municipality	NT	1:15.33	17
3 Soroka, Roman	18	Halifax Regional Municipality	NT	1:16.14	16
4 Abdel Hameid, Ahmed	19	Halifax Regional Municipality	NT	1:16.65	15

Lifesaving Series 2009-10 - 20/02/2010 to 28/03/2010**Results****(Event 53 Men 100 SC Meter Tow With Fins)**

Name	Age	Team	Seed Time	Finals Time	Points
5 Kemp, Ryan	25	Dartmouth Sportsplex	NT	1:17.78	14
6 Spencer, Adrian	25	Halifax Regional Municipality	NT	1:18.84	13
7 Morash, Ben	23	Dartmouth Sportsplex	NT	1:23.36	12
8 Sager, Caleb	19	Halifax Regional Municipality	NT	1:24.62	11
9 Clarke, Max	17	Halifax Regional Municipality	NT	1:25.03	9
10 Carter, Brian	20	Dartmouth Sportsplex	NT	1:39.02	7
11 McNamara, Danny	18	Halifax Regional Municipality	NT	1:52.91	6

Event 54 Women 200 SC Meter Super Lifesaver

Name	Age	Team	Seed Time	Finals Time	Points
1 Jaciw-Zurakowsky, Renata	21	Dalplex Tigersharks	NT	3:04.27	20
2 Benison, Terri-Lynn	21	Dalplex Tigersharks	NT	3:16.73	17
3 Shaw, Sara	17	Halifax Regional Municipality	NT	3:17.99	16
4 Perron, Victoria	20	Halifax Regional Municipality	NT	3:33.75	15
5 Smith, Mallary	19	Halifax Regional Municipality	NT	3:48.67	14
6 Keyes, Lauren	19	Halifax Regional Municipality	NT	4:20.87	13
7 Betuik, Rachel	16	Halifax Regional Municipality	NT	4:33.60	12

Event 55 Men 200 SC Meter Freestyle Super Lifesaver

Name	Age	Team	Seed Time	Finals Time	Points
1 Soroka, Roman	18	Halifax Regional Municipality	NT	3:08.16	20
2 Morash, Ben	23	Dartmouth Sportsplex	NT	3:09.68	17
3 Clarke, Jesse	18	Halifax Regional Municipality	NT	3:25.87	16
4 Kemp, Ryan	25	Dartmouth Sportsplex	NT	3:26.66	15
5 Maquire, Mike	25	Dartmouth Sportsplex	NT	3:26.68	14
6 Abdel Hameid, Ahmed	19	Halifax Regional Municipality	NT	3:27.55	13
7 Spencer, Adrian	25	Halifax Regional Municipality	NT	3:35.61	12
8 Sager, Caleb	19	Halifax Regional Municipality	NT	4:01.04	11
9 Carter, Brian	20	Dartmouth Sportsplex	NT	4:24.12	9